









The Consortium of Berkeley Heights, Chatham, Millburn, New Providence, and Summit School Districts invite you to attend:

Parent Wellness Series: What You Need To Know

## Beyond Books: Helping Students Navigate College Expectations vs. Realities

Presented by: Audra Tonera, MSED, LPC, LCADC Executive Director of Counseling and Wellness at Drew University

Parents and Seniors are invited to this informative event

This program will cover the following topics:

How families can provide support to students with the transition to college
Experiencing new roles
Engaging with the campus community
Making healthy choices and ways to support mental health
Creating a plan for success

Wednesday, April 24<sup>th</sup> at 7:00 pm Millburn High School Auditorium